



Medical Society of the State of New York  
**Physicians Emergency Preparedness Toolkit**  
**“GO” BAG CHECKLIST**

	Quantity	Date
<b>Non-medical Supplies</b>		
<input type="checkbox"/> 2 yard roll duct tape	2	
<input type="checkbox"/> Antibacterial wipes	1	
<input type="checkbox"/> Emergency blanket	5	
<input type="checkbox"/> Emergency crank flashlight/radio (or battery operated, w/extra batteries)	1	
<input type="checkbox"/> Food (packable and non-perishable)		
<input type="checkbox"/> Headlamp w/extra batteries	1	
<input type="checkbox"/> Insect repellent	1	
<input type="checkbox"/> Iodine water tablets (bottle)	1	
<input type="checkbox"/> Large Safety Pins	2	
<input type="checkbox"/> Magnesium fire-starter and/or waterproof matches	1	
<input type="checkbox"/> Sunblock	1	
<input type="checkbox"/> Toilet paper	1	
<input type="checkbox"/> Water (1 gallon per person per day for 3 days)		
<b>First Aid</b>		
<input type="checkbox"/> Acetaminaphen	1	
<input type="checkbox"/> Adhesive bandages (box of assorted sizes)	1	
<input type="checkbox"/> Alcohol prep pads (Box of 50)	1	
<input type="checkbox"/> Ammonia Inhalant		
<input type="checkbox"/> Aspirin	1	
<input type="checkbox"/> Benadryl (Diphenhydramine)	1	
<input type="checkbox"/> Box of disposable latex-free gloves (100)	1	
<input type="checkbox"/> Claritin (Loratadine)	1	
<input type="checkbox"/> CPR barrier device		
<input type="checkbox"/> Dermabond wound adhesive (or superglue)	1	
<input type="checkbox"/> Disposable thermometers (box of 10)	1	
<input type="checkbox"/> Eye wash	1	
<input type="checkbox"/> Hand sanitizer (large bottle)	1	
<input type="checkbox"/> Ibuprofen	1	
<input type="checkbox"/> Kelly Forceps	1	
<input type="checkbox"/> OB-type compressed tampon (dressing)	1	
<input type="checkbox"/> Paramedic shears	1	
<input type="checkbox"/> QuikClot gauze		
<input type="checkbox"/> Rehydration Salts (packet)	1	
<input type="checkbox"/> Triple antibiotic ointment	1	
<input type="checkbox"/> Tweezers	1	
<input type="checkbox"/> Ultralight splints (pieces of 1 gallon plastic jug) or wire splint	2	
<input type="checkbox"/> Zyrtec (Cetirizine)	1	
<b>Physician Specific Supplies</b>		
<input type="checkbox"/> License, DEA, Board Cert, Blank prescriptions		
<b>Instruments</b>		
<input type="checkbox"/> 18 ga IV catheters	2	
<input type="checkbox"/> 20 ga IV catheter	1	
<input type="checkbox"/> 21 or 22 ga IM needles	2	
<input type="checkbox"/> 25 ga SQ needles	2	
<input type="checkbox"/> 2-balloon nasal hemostat	1	
<input type="checkbox"/> 3 mL Interlink® syringes	2	
<input type="checkbox"/> 6.5 and 5.0 endotracheal tubes	1 each	

<b>Physician's Emergency "Go" Bag Checklist</b>		<b>Recommended Quantity</b>	<b>Expiration Date</b>
<b>Instruments (continued)</b>			
<input type="checkbox"/>	#15 scalpel blade	1	
<input type="checkbox"/>	Blood pressure cuff	1	
<input type="checkbox"/>	Bag mask ventilator (two bag sizes and three mask sizes for adult, pediatric and infant)	2 bags 3 masks	
<input type="checkbox"/>	Interlink® IV tubing adapter	1	
<input type="checkbox"/>	Interlink® saline lock extension adapters	2	
<input type="checkbox"/>	Intravenous catheter/butterfly needles (18 -24 gauge)	1	
<input type="checkbox"/>	IV start pack	1	
<input type="checkbox"/>	One-way valve (for mouth to tube ventilation)	1	
<input type="checkbox"/>	Stethoscope	1	
<input type="checkbox"/>	Surgical lubricant (for nasal intubation)	1	
<input type="checkbox"/>	Suture Kit	1	
<input type="checkbox"/>	Vial access cannulae	3	
<b>Rx Medicines (amounts should be determined by locale and individual clinician)</b>			
<input type="checkbox"/>	Albuterol		
<input type="checkbox"/>	Amoxicillin/clavulanic acid (trade name Augmentin; generic available)		
<input type="checkbox"/>	Ciprofloxacin		
<input type="checkbox"/>	Doxycycline		
<input type="checkbox"/>	Epi-pen		
<input type="checkbox"/>	Glucagon		
<input type="checkbox"/>	Insulin		
<input type="checkbox"/>	Lorazepam		
<input type="checkbox"/>	Morphine		
<input type="checkbox"/>	Narcan (naloxone hydrochloride)		
<input type="checkbox"/>	Nitroglycerine		
<input type="checkbox"/>	Oseltamivir (Tamiflu)		
<input type="checkbox"/>	Prednisone		
<input type="checkbox"/>	Trimethoprim/sulfamethoxazole (trade names Septra or Bactrim; generics available)		
<input type="checkbox"/>	Valium (diazepam)		
<b>Infection Control</b>			
<input type="checkbox"/>	Alcohol prep pads (Box of 50)*	1	
<input type="checkbox"/>	Antibacterial wipes*	1	
<input type="checkbox"/>	Biohazard bags	5	
<input type="checkbox"/>	Box of disposable latex-free gloves (100)*	1	
<input type="checkbox"/>	Hand sanitizer (large bottle)*	1	
<input type="checkbox"/>	Saline flush 20 mL bottle	2-3	
<input type="checkbox"/>	Sharps container (red laundry detergent bottle will do)	1	
<input type="checkbox"/>	Facemask		
<b>Specialty Specific Supplies</b> (individually indispensable items)			
<input type="checkbox"/>			
<input type="checkbox"/>			
<input type="checkbox"/>			

\* Also in Basic Supplies under First Aid